

## Lori Cain

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**From:** Lori Cain [razncain@cox.net]  
**Sent:** Friday, May 31, 2013 8:40 PM  
**To:** razncain@cox.net  
**Subject:** Tulsa Community News June 2013

**Follow Up Flag:** Follow up  
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### I ♥ Tulsa

Community News June 2013



## Ready. Willing. Able. Cain.

*Bits & Bytes from the Bloggin' REALTOR!*

## Community News from Lori Cain Real Estate

Dear Lori,

Yay - it's June and Demetrius and I celebrate our 8th wedding anniversary on June 11th! ALSO on June 11th is our mayoral election, so please mark your calendars. To celebrate our anniversary, I think we are planning to vote together (I love to do that), then go out for coney's. [Smile.]

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"Philanthropy is commendable, but it must not cause the philanthropist

We did get to take a mini-vacation to San Antonio over the Memorial Day weekend, which was nice. The RiverWalk is fun and we enjoyed some fabulous restaurants. Great shopping in San Marcos also.

Hope everyone survived the storms - and continues to do so. For any of you new to Oklahoma, study up and be prepared for Oklahoma tornadoes. These tips may be helpful to you: <http://www.spc.noaa.gov/faq/tornado/safety.html>.

The carriage house remodel is TRULY underway. It's been gutted and we discovered we have a beautiful vaulted ceiling - a pleasant surprise. There are plumbers and electricians coming back and forth, so it really is happening. I'll be posting before and after photos in July hopefully.

**Tulsa Greek Festival** has a new page on Facebook - please find us and like us! You'll be the first to know details of our September 19-21 festival: <https://www.facebook.com/tulsagreekfestival>. Our VIP Night this year is September 15th - please get in touch with me if you would like more details on that, or check out our web site (still being updated): <http://tulsagreekfestival.com/>

**We're healthy and happy right now and hope you are too.**

Deme is not teaching summer school, and the pups and I are enjoying having him around the house more. We are actually eating regular (and healthy) dinners together at a reasonable hour! And hopefully more trips to the Bark Park!



Don't forget Father's Day is **June 16**.

And of course, we're gearing up for our 4th of July party - same date and same place every year!

**My NEW social media addiction is Google+ - please add me to your circles!**  
<https://plus.google.com/10713013876842260000/>

**Still loving Pinterest.** Please follow my boards! <http://pinterest.com/loricaintulsa/>

For those of you who tweet, please follow me on Twitter: @LoriCainRE

Also please visit and subscribe to my blog:  
<http://LoriCain.com/blog>. I promise it's not all about real estate - lots of info on our neighborhoods, parks, events, local businesses and community!

***I hope this newsletter finds you in good health & good spirits!***

*Please keep scrolling ... the best is at the bottom!*

to overlook the circumstances of economic injustice which make philanthropy necessary."

Martin Luther King, Jr.

"Be well, do good work, and keep in touch!"  
Garrison Keillor

# Green Patch

Found a cool new web site with fun information about REduce, REuse and REcycle: [www.bringrecycling.org](http://www.bringrecycling.org)

Follow the MET on FaceBook:  
<http://www.facebook.com/tulsamet>



I found this awesome "Green Directory" on the Sustainable Tulsa web site. They have links for recycling batteries, computers, tires, yard waste and even a link for what can be included in curbside pick-up. Check out this list: [http://www.sustainabletulsa.org/green\\_directory](http://www.sustainabletulsa.org/green_directory) and thank Sustainable Tulsa for putting this together!

Elaine Meek, Chair of "Transit Matters" (local advocacy group for public transportation) is trying to get funding for Tulsa's public transportation needs. Please check out the web site and sign the petition. Quite frankly, Tulsa' transit system leaves a LOT to be desired, so I'm really glad that Elaine is leading this charge. Do what you can to help out please. Drop by the web site and show your support!  
<http://transitmatterstulsa.com/>

## Downtown Tulsa to Get a Green Upgrade: Tree Downtown Tulsa

Would you like to help beautify downtown Tulsa? Consider supporting Tree Downtown Tulsa -- a collaborative partnership among Up With Trees, the Tulsa Downtown Coordinating Council, the Tulsa Beautification Foundation and the George Kaiser Family Foundation. Through this ambitious project we will plant hundreds of mature trees lining downtown city streets and help continue the amazing transformation of our City. For more information or to make a donation, and visit <https://www.upwithtrees.org/programs/tree-downtown-tulsa/> for more details.

Check out the Tulsa Master Recyclers web site:  
<http://tulsamasterrecyclers.blogspot.com/>  
The Tulsa Master Recyclers Association was established to promote a healthy and sustainable environment by educating and motivating people to reduce waste throughout the Tulsa community and the State of Oklahoma. Lot of good info here!

"Never doubt that a small group of thoughtful committed citizens can change the world. Indeed, it's the only thing that ever has."

Margaret Mead

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Web: [LoriCain.com](http://LoriCain.com) 918-852-5036 Blog: [LoriCainTulsaRealEstate.com](http://LoriCainTulsaRealEstate.com)

## Community Miscellaneous



### Donate to the Food Bank while shopping at Reasor's!

When you use reusable bags to bag your groceries at Reasor's, you save 6 cents off your total purchase per reusable bag. Now you can chose to pass the savings onto those in need. Inform your cashier you would like to donate your savings to the Food for Kids program at the Food Bank and all proceeds will benefit children in your area. Help feed kids while helping the environment.

## Neighborhood Association Web Sites

Would you like to announce your neighborhood association web site?

I learned recently that White City has added one:

[www.whitecitytulsa.org](http://www.whitecitytulsa.org).

Riverview is <http://www.riverviewtulsa.com/>

Park Plaza South: <http://www.parkplazasouthpool.com> - one of Tulsa's best kept secrets, a nice cool watering hole right in Tulsa!!

And our HOA is [www.parkplazasouth.com](http://www.parkplazasouth.com) - Mention 'Gilliam' and get a new member concession card added to their membership free as a referral incentive!

**Please send yours in and let's start a master list!**

## Meet and Greet the Candidates

June 5th @ 7:00pm

Harweldon, 2210 S Main St

(one block off 21st Street & Riverside Drive)

This is a crucial election for Tulsa & the Primary is Tuesday, June 11th.

This will be one of the last opportunities for the candidates to explain their views on issues such as PlaniTulsa, Historic Preservation, Tulsa Parks, INCOG, Appointments to Authorities, Boards, & Commissions, Transportation, neighborhood issues & their overall vision for Tulsa.

Feel free to bring your remaining questions, your neighbors and friends, all are welcome.

Your Sponsors: PreserveMidtown, Coalition of Historic Neighborhoods, Tulsans Against Chloramine, Clean Energy Future Oklahoma, [www.BatesLine.com](http://www.BatesLine.com)

## June 2013 Events



### **LOOK Musical Theatre Festival**

**Date : June 2013**

Time : 2:00 PM & 8:00 PM

Location : Tulsa Performing Arts Center Williams Theatre, 2nd and Cincinatti

Admission: \$32 adult; \$27 senior; season tickets \$81

Web : <http://www.looktheatre.org>

LOOK Musical Theatre is presenting three delightful productions during their 30th season this June!

**Hello, Dolly** - 6/14, 6/15, 6/22, 6/25, 6/27 at 8:00 PM 6/23, 6/29 at 2:00 PM and 6/30 at 7:00 PM

**Side by Side by Sondheim** - 6/16 at 2:00 PM and 6/22, 6/28 at 8:00 PM

**The Drowsy Chaperone** - 6/21, 6/26, 6/29 at 8:00 PM and 6/22, 6/30 at 2:00PM

### **Portico Dans Theatre & Tulsa Camerata's A Midsummer Night's Dream**

**Date : June 1, 2013**

Time : 8pm

Location : Guthrie Green

Web : [www.porticodanstheatre.org](http://www.porticodanstheatre.org)

"A Midsummer Night's Dream" is a new collaborative work between Portico Dans Theatre (PDT) and Tulsa Camerata (TC). The production is FREE and takes place June 1 at the Brady Art District's Guthrie Green. Experience this customized piece of artistic theatre using PDT & TC's unexpected mixture of traditional and alternative live music and spellbinding contemporary & aerial choreography. TC plays compositions by Mendelssohn and the orchestral version of The Velvet Underground's Heroin (in addition to recorded music). The storyline of "A Midsummer Night's Dream" remains the same as the classical version, however PDT and TC work with local artists to add several specialized differences that amplify the excitement and intrigue of this production. Set in the beautiful downtown Guthrie Green, the dance, music and theatrical excellence of this piece is an event the entire family will enjoy.

### **Fat Guy's Burgers and Baseball Run**

**Date: June 1, 2013**

Time: 5K 7:30 a.m. - Fun Run 8:30 a.m.

Location: 100 N Greenwood Ave (Fat Guy's Burgers)

Hosted By: Fleet Feet Sports Tulsa

Contact: Kate Critchfield @ 918-492-3338

Web Address: [www.fleetfeetulsa.com](http://www.fleetfeetulsa.com)

### **Tulsa Tour de Cure**

**Date: June 1, 2013**

Time: 7:30 a.m. (50 & 75 Mile) - 8:30 a.m. (25 Mile) - 9 a.m. (10 Mile)

Location: 8801 S 101st E Ave ( SouthCrest Hospital)

Hosted By: American Diabetes Association

Contact: Kathy Brown @ 918-492-3839

Web Address: [www.diabetes.org/tulsatour](http://www.diabetes.org/tulsatour)

### **Crawfish Festival**

**Date: June 1, 2013**

Time: 9 a.m. Saturday to 1 a.m. Sunday

Location: 3509 S Peoria Ave

Hosted By: Doc's Food and Wine Restaurant

Contact: Darin Ross @ 918-277-8771

Web Address: [www.docswineandfood.com](http://www.docswineandfood.com)

### **Tulsa Pride Parade and Festival**

**Date : June 1-2, 2013**

Time : See Website

Location : See Website for additional details

Web : <http://www.okeq.org/tulsapride/>

The Oklahomans For Equality Staff and Tulsa Pride Team are gearing up for the biggest and best Tulsa Pride ever. Our 31st year will be an entire weekend of Pride. We'll have all sorts of activities leading up to Pride Weekend with the Tulsa Pride Parade and Street Festival on Saturday, and our Picnic in the Park on Sunday. The Tulsa Pride Parade, Saturday June 1st, step-off at 5pm. The Parade route runs from the Brady Arts District, through the Blue Dome District, and ends in the East Village at the Dennis R Neill Equality Center. The Picnic in the Park is located at Centennial Park, 6th and Peoria - Noon to 5PM, Sunday June 2nd.

**24th Annual Route 66 Blowout****Date: June 1, 2013**

Location: Historic Downtown Sapulpa

Web: <http://www.route66blowout.com/>

**Social Distortion****Date : June 1, 2013**

Time : 7:30 pm

Location : Cain's Ballroom

Web : <http://www.cainsballroom.com/>

**Gospel Music Sunday Brunch****Date : June 2, 2013**

Time : 10AM-2PM

Location : Cain's Ballroom

Web : <http://www.okjoes.com>

Oklahoma Joe's Barbecue is launching what we believe will become Tulsa's best choice for Sunday dining ... Gospel Music Sunday Brunch at the Historic Cain's Ballroom! It's going to be at our Cain's location on the first Sunday of every month. We will be featuring Oklahoma Joe's Bar-B-Cue along with our Smoked Quesadilla Station, Specialty Omelets made to order, Carving Stations with our famous smoked fare, a salad and dessert bar with all the fixins and much, much more. Come experience live music while you dine on our world famous barbecue and begin your Sunday with an experience that will feed your body and soul! Serving times: 10AM-2PM! Tickets are sold at the door! Adults are \$25.00, Children 11-16 \$10.00 Children 10 and under FREE! Children must be accompanied by 1 adult per 2 children.

**DUAL PIANOS RAGTIME FEATURING ADAM SWANSON AND MAX KEENLYSIDE****Date : June 2, 2013**

Time : 2:00 p.m.

Location : Performing Arts Center

Web : <http://www.tulsapac.com>

Two of ragtime's youngest stars will tickle the ivories!

**Passion Pit****Date : June 3, 2013**

Time : 7:00 pm

Location : Cain's Ballroom

Web : <http://www.cainsballroom.com/>

### **Gogol Bordello**

**Date : June 4, 2013**

Time : 7:00 pm

Location : Cain's Ballroom

Web : <http://www.cainsballroom.com/>

### **DISNEY'S THE LION KING**

**Date : June 4 - July 7, 2013**

Time : June 4 to July 7 times vary

Location : Performing Arts Center

Web : <http://www.tulsapac.com>

Experience the phenomenon of Disney's THE LION KING. Marvel at the breathtaking spectacle of animals brought to life by award-winning director Julie Taymor, whose visual images for this show you'll remember forever. Thrill to the pulsating rhythms of the African Pridelands and an unforgettable score including Elton John and Tim Rice's Oscar-winning song "Can You Feel The Love Tonight" and "Circle of Life." Let your imagination run wild at the Tony Award-winning Broadway sensation Newsweek calls "a landmark event in "entertainment."

### **The Staves**

**Date : June 5, 2013**

Time : 7:00 pm

Location : Cain's ballroom

Web : <http://www.cainsballroom.com/>

### **Adventure Club**

**Date : June 6, 2013**

Time : 7:00 pm

Location : Cain's Ballroom

Web : <http://www.cainsballroom.com/>

### **Brookside Rumble and Roll (Motorcycle Parade)**

**Date: June 6, 2013**

Time: 7 p.m.

Location: 1100 S Harvard Ave to 3300 S Peoria Ave

Hosted By: Brookside Business Association

Contact: Pat Kroblin @ 918-260-7680

Web Address: [www.rumbleandroll.com](http://www.rumbleandroll.com)

### **Brookside Rumble and Roll Street Party**

**Date: June 6, 2013**

Time: 7 to 11 p.m.

Location: 3300 S Peoria Ave

Hosted By: Brookside Business Association

Contact: Pat Kroblin @ 918-260-7680

Web Address: [www.rumbleandroll.com](http://www.rumbleandroll.com)

### **Movie Night**



**Date : June 6, 2013**

Time : 8:30 pm

Location : Guthrie Green

Web : <http://www.guthriegreen.com/calendar/month/2013-06>

Every Thursday Night at 8:30 pm, come to Guthrie Green for FREE movies in the park. "Smokey & the Bandit" is presented by Circle Cinema. The Bandit is hired on to run a tractor trailer full of beer over county lines in hot pursuit by a pesky sheriff. Starring Burt Reynolds and Sally Field.

**Summer's 5th Night**

**Date: Every Thursday night in the summer**

Time: 7 - 9 p.m.

Location: Utica Square

Web: <http://www.uticasquare.com/>

June 6 - Mid-Life Crisis

June 13 - Mary Cogan

June 20 - The Red Dirt Rangers

June 27 - Jambala Jass Band

**The Brady District First Friday Art Crawl**

**Date : June 7, 2013**

Time : 6:00pm

Location : The Brady District, Downtown Tulsa

Web : <http://www.thebradyartsdistrict.com>

**The Becon Brothers**

**Date : June 7, 2013**

Time : 7:00 P.M.

Location : Riverspirit Casino

Web : <http://www.riverspirittulsa.com>

**Tulsa Historical Society Vintage Tulsa Oil Baron's Ball**

**Date : June 7, 2013**

Time : 7:30 p.m. to 11:30 p.m.

Location : Tulsa Historical Society, 2445 S. Peoria

Web : <http://www.tulsahistory.org>

Tulsa Historical Society presents the Vintage Tulsa Oil Baron's Ball.

Sponsorship opportunities and tickets are available by calling 918-712-9484.

**Hungry For The Blues Festival**

**Date : June 7 - 8, 2013**

Time : 4pm-9pm

Location : Mohawk Park, 5701 E. 36th Street North

Web : <http://www.csaudio.com/hfb>

Live music, car show, kids zone, and vendors.

4pm-9pm Friday, June 7th, \$5.00 pp

1pm-9pm Saturday, June 8th, \$10.00 pp

Kids bounce included in regular admission.

Free shuttle on trackless train.

Proceeds benefit the Iron Gate to help fight hunger.

Emcee is Brent Douglas, AKA: Roy D Mercer

### **Tulsa's 3rd Annual Edible Garden Tour**

**June 8-9, 2013**

Saturday 9am - 5pm

Sunday 12pm - 5pm

Presented by Ellaberry Gardens

benefiting the Tulsa Community Gardening Association

### **Horton Records presents: Monophonics, Paul Benjamen Band, Pilgrim**

**Date : June 9, 2013**

Time : 2:00 pm

Location : Guthrie Green

Web : <http://www.guthriegreen.com/calendar/month/2013-06>

HORTON RECORDS presents CONCERTS ON GUTHRIE GREEN

A FREE series of concerts for ALL AGES in the Brady District's new

geothermal-powered arts park will take place between April and September, featuring original music from established and emerging Tulsa and Oklahoma artists, as well as some touring bands.

2:00 - PILGRIM - Tulsa rock, folk, and blues with a tight delivery and burning jams

3:15 - PAUL BENJAMAN BAND - Expanding the classic Tulsa sound, with signature guitar licks and groove-based songs

4:45 - MONOPHONICS - Psychedelic soul and funk from San Francisco

### **Summer of Strange Tour 2013**

**Date : June 9, 2013**

Time : 6:30 pm

Location : Cain's Ballroom

Web : <http://www.cainsballroom.com/>

### **LAMB OF GOD**

**Date : June 10, 2013**

Time : 6:30 pm

Location : Cain's Ballroom

Web : <http://www.cainsballroom.com/>

### **Shakespeare in the Park**

**Date : June 11 - 16, 2013**

Time : 8:30 pm

Location : Guthrie Green

Admission: free

Web : <http://www.guthriegreen.com/calendar/month/2013-06>

Grab your family, friends and a blanket and enjoy an evening of free entertainment under the stars with the stunning Tulsa skyline as a backdrop. Tulsa Shakespeare in the Park in partnership with the University of Tulsa will present Shakespeare's hilarious and heart-warming romantic comedy "Much Ado About Nothing", June 11-16 on the Guthrie Green. Curtain will be at 8:30pm with various musical, dance and other local talent performing beforehand.

### **Top of the Town**

**Date : June 13, 2012**

Time : 6:00pm-10:00pm

Location : Various building in downtown Tulsa  
Web : <http://www.ccrctulsa.org>

### **OLD RED ON THE HEAD / JESUS FOR THE DEFENSE**

**Date : June 13 - 16, 2013**

Time : June 13-15 at 8 p.m.; June 16 at 2 p.m.

Location : Performing Arts Center

Web : <http://www.tulsapac.com>

Theatre Pops presents two short plays by noted Tulsa attorney, professor and former member of the Carter and Clinton administrations, R. Dobie Langenkamp. There will be talkbacks after the Friday and Saturday night shows, with the playwright and cast available to answer questions from the audience.

### **THE CHERIL VENDETTI EXPERIENCE**

**Date : June 14, 2013**

Time : 8:00 p.m.

Location : Performing Arts Center

Web : <http://www.tulsapac.com>

The Cheril Vendetti Experience is a fast-paced explosion of irreverent entertainment that will leave you either heading for the door or to the nearest bail bondsman! Direct from television's HBO, OWN and SPIKE networks and the famous Los Angeles Comedy Store, comes the outrageous Cheril Vendetti! The Boston-Italian comedienne, TV personality and comical cookbook author, and her band, The Pasta Fazools, generate more laughs than Tony Soprano could put a hit on. So grab your funny bone, leave your political correctness at the door, and join the fun!

### **Jason Ferguson CD Release Party**

**Date : June 14, 2013**

Time : 6:00 pm

Location : Cain's Ballroom

Web : <http://www.cainsballroom.com/>

### **QUEEN CLEOFIS COMES HOME**

**Date : June 15, 2013**

Time : 9:00 p.m.

Location : Performing Arts Center

Web : <http://www.tulsapac.com>

Sixty-something jazz songstress Queen Cleofis had the distinction of winning a trifecta of Best New Jazz Artist awards in Hong Kong, Krakow and Tel Aviv. Spurned by her native country for her controversial interpretations of popular Top 40 songs, through hard work and twisted imagination she has attained cult status among her fans. American audiences will finally experience the magic that is Queen Cleofis as she performs stateside for the first time in 20 years, accompanied by only a piano and a dream. This show features the music of Electric Light Orchestra, Kansas, The Eagles, The Commodores, Elton John, El DeBarge, Depeche Mode, Michael Jackson, Fountains of Wayne and many, many more!

### **Butch Clancy**

**Date : June 15, 2013**

Time : 7:00 pm

Location : Cain's Ballroom

Web : <http://www.cainsballroom.com/>

**Chimi's Diablo Dask 5K****Date: June 15, 2013**

Time: 8 a.m.

Location: 1500 S Quaker Ave (Cherry Street)

Hosted By: Chimi's Mexican

Contact: Lori Lisa-Rosas @ 918-587-4411

Web Address: [www.chimismexican.com](http://www.chimismexican.com)**STEVE LANCASTER'S FAMILY MAGIC SHOW****Date : June 16, 2013**

Time : 2:00 p.m.

Location : Performing Arts Center

Web : <http://www.tulsapac.com>

Sit back and relax as Master Magician Steve Lancaster conjures up a fun and exciting afternoon with so many surprise endings, you will wonder how did it. Lancaster adds his special touch to the classics, making them seem new all over again. See objects appear, vanish, float and transport! And if that's not enough, Deputy Du-dah is joining Steve's Family Magic Show, and you never know what he will do. He is a wild, laugh-a-minute, crazy, funny entertainer, with magic, comedy and rowdy, howdy du-dah fun!

**SIDE BY SIDE BY SONDHEIM****Date : June 16 - 28, 2013**

Time : June 16 at 2 p.m.; June 23, 28 at 8 p.m.

Location : Performing Arts Center

Web : <http://www.tulsapac.com>

You know how a show always has a hit number? Well, SIDE BY SIDE features ALL of Sondheim's greatest hits! At this wonderful show where "Love Is in the Air," there will definitely be "Comedy Tonight" and we may even "Send In the Clowns"!

**Sheryl Crow****Date : June 21, 2013**

Time : 8:00 P.M.

Location : Hard Rock Casino

Web : <http://www.hardrockcasinotulsa.com>**Two of a Kind****Date : June 21, 2013**

Time : 8:00 P.M.

Location : Performing Arts Center

Web : <http://www.tulsapac.com>

This cross-generational duo will deliver a bit of Broadway and pop, along with heaping helpings of jazz and blues. A native Oklahoman, Pam Can Dyke Crosby began her career singing jazz in New York City with a band that included pianist Duke Jordan and bassist Keeter Betts. She along with the New York City-based Sammy Kaye Orchestra. Since returning to Oklahoma, Crosby has been a featured performer in numerous jazz festivals, benefits and revues. Raised in Pryor, Cindy Cain honed her style during more than a decade of performances in the D.C. area, where a Washington Post writer called her "one of the best singers on Washington's blues scene." She moved to Tulsa in 2001 and quickly made her mark by being nominated three years running for Best Jazz Act in the Tulsa World's annual Spotnik Music Awards.

**Turnpike Troubadours**

**Date : June 21, 2013**

Time : 7:00 pm

Location : Cain's Ballroom

Web : <http://www.cainsballroom.com/>

**Queensryche****Date : June 21, 2013**

Time : 7:00 P.M.

Location : Riverspirit Casino

Web : <http://www.riverspirittulsa.com>

**Juneteenth Tulsa****Date : June 21 - 22, 2013**

Time : 6:00 pm

Location : Guthrie Green

Web : <http://www.guthriegreen.com/calendar/month/2013-06>

Musical entertainment weekend celebrating diversity.

**The Boys Next Door****Date : June 21 - 22, 2013**

Time : 8:00 P.M.

Location : Performing Arts Center

Web : <http://www.tulsapac.com>

The Boys Next Door is a comedy-drama about four intellectually disabled men who live together in a small apartment. Playwright Tom Griffin introduces us to Norman, who works at a donut shop and has a thing for keys; Barry, who thinks he is a golf pro and doesn't communicate well with his father; Arnold, who is into all things Russian and has a habit of spending money; and Lucien, who is devoted to Spider-Man and must testify before the state senate. Jack, their caring social worker, is on the verge of career burnout, but finds it hard to say goodbye to these guys he cares about. With just as many laughs as tears, this play is a reminder that all of us, regardless of mental or physical differences, crave the same things: love and acceptance.

**Shirley Maclaine****Date : June 22, 2013**

Time : 7 p.m.

Location : Osage Event Center, 951 W. 36 Street North

Web : <http://www.osagecasinos.com>

Oscar-winning actress and film star Shirley Maclaine presents her experiences with world leaders and Hollywood legends. Get involved in a Q&A.

**Wrong Way Broadway 2: Even Wronger****Date : June 22 - 23, 2013**

Time : 2:30 P.M. & 7:30 P.M.

Location : Performing Arts Center

Web : <http://www.tulsapac.com>

What happens when a naughty cabaret show turns its sights on Broadway again? Hilarity ensues as the cast of "Wrong Way Broadway 2: Even Wronger" takes the audience on a twisted, mangled journey down the Great White Way. Be prepared to laugh, cry, yell and sing along as the great songs from Broadway are twisted and rearranged for an exciting, topsy-turvy adventure.

**OCCJ: Tulsa Unites Concert Series****Date : June 23, 2013**

Time : 2:00 pm

Location : Guthrie Green

Web : <http://www.guthriegreen.com/calendar/month/2013-06>

The Oklahoma Center for Community and Justice is the only organization in Tulsa with the singular mission of fighting bias, bigotry, and racism while promoting understanding among all cultures, races and religions. With this mission in mind, OCCJ is pleased to announce a new community building initiative, Tulsa Unites. Tulsa Unites seeks to bring Tulsans together across racial, socio-economic, and cultural lines. Using music, film and dialogue, this initiative aims to instill a sense of community and pride, bridging our differences and uniting us as one community. Come join us at Guthrie Green for live music and speakers that reflect the Tulsa community and create relationships among neighbors.

**Senior Star Round-Up****Date : June 23, 2013**

Time : 1:30 pm

Location : Cain's Ballroom

Web : <http://www.cainsballroom.com/>**Billy Idol****Date : June 25, 2013**

Time : 8:00 P.M.

Location : Hard Rock Casino

Web : <http://www.hardrockcasinotulsa.com>**Freud's Last Session****Date : June 27 - 29, 2013**

Time : 8:00 P.M.

Location : Performing Arts Center

Web : <http://www.tulsapac.com>

"Freud's Last Session" by Mark St. Germain centers on legendary psychoanalyst Dr. Sigmund Freud, who invites a young, little-known professor, C.S. Lewis, to his home in London. Lewis, expecting to be called on the carpet for satirizing Freud in a recent book, soon realizes Freud has a much more significant agenda. On the day England enters World War II, Freud and Lewis clash on the existence of God, love, sex and the meaning of life - only two weeks before Freud chooses to take his own. Tulsa author and theatre expert Vern Stefanic directs this piece that was named Best New Play of 2011 by the Off Broadway Alliance.

**84 Charging Cross Road****Date : June 27 - 30, 2013**

Time : June 27-29 at 8 P.M.; June 30 at 2 P.M.

Location : Performing Arts Center

Web : <http://www.tulsapac.com>

Adapted by James Roose-Evans from Helene's Hanff's autobiographical work of the same name, "84 Charging Cross Road" is a story about long-distance relationships. In 1949, Helene, in search of obscure classics and British literature titles she had been unable to find in New York City, notices an ad in the "Saturday Review of Literature" and contacts Marks & Co., a London bookseller located at 84 Charging Cross Road. Employee Frank Doel fulfills her requests, and a long-distance friendship evolves, not only between the two, but between Helene and other stadd members as well. They

exchange Christmas package, birthday gifts, and food parcels to compensate for post-World War II food shortages in Britain. Their letters include discussions about topics as diverse as the sermons of John Donne, the Brooklyn Dodgers, the coronation of Elizabeth II, and how to make Yorkshire pudding. This is directed by Rebecca Ungerman.

### **We Build This City**

**Date : June 27 - 30, 2013**

Time : 4:00 pm

Location : Guthrie Green

Web : <http://www.guthriegreen.com/calendar/month/2013-06>

We Build This City is an interactive play space for families that celebrates absolute simplicity and the power of children's imaginations. Polyglot Theatre Company of Australia creates a giant public construction site using nothing but thousands of cardboard boxes and the energy and ingenuity of humans. Times are subject to change. To schedule a private one-hour session for children, adults or family groups, contact Shirley Elliott at [selliott@cityoftulsa.org](mailto:selliott@cityoftulsa.org). Groups limited to 100 people. A special area for the smallest children will be provided.

### **Asleep at the Wheel**

**Date : June 28, 2013**

Time : 7:00 pm

Location : Cain's Ballroom

Web : <http://www.cainsballroom.com/>

### **Penn & Teller**

**Date : June 28, 2013**

Time : 8:00 P.M.

Location : Hard Rock Casino

Web : <http://www.hardrockcasinotulsa.com>

### **Relay For Life of Tulsa**

**Date : June 28 - 29, 2013**

Time : 6:00 pm to 7:00 am

Location : ONEOK Field, 201 N. Elgin Ave

Web : <http://www.relayforlife.org/tulsaok>

Relay For Life is the American Cancer Society's national signature activity.

This is a fun run/walk. A community event for everyone!

### **Dodgebrawl Challenge 2013**

**Date : June 29, 2013**

Time : 11:00 A.M.

Location : BOK Center

Web : <http://www.bokcenter.com>

Dodgebrawl made its debut in July of 2012, with more than 50 teams participating. After much thought and consideration, the SMG staff has created several new enhancements that will make the event even better for participants and spectators alike. Not only will players be able to take center court in the iconic BOK Center, but the entire event atmosphere will be enhanced with lighting, video displays and private party areas.

### **Todd Rundgren's Official State Visit**

**Date : June 30, 2013**

Time : 7:00 pm

Location : Cain's Ballroom

Web : <http://www.cainsballroom.com/>

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**The Drunkard (and The Oleo)**

The longest running play in America!

Location: Spotlight Theater, 1381 Riverside Drive

Time: 7:15 pm

Curtain time: 7:30pm. Sing-a-long time starts at 7:15pm. Come see the show and be part of the fun of an evening of "Tulsa's best family entertainment!" Come and be a part of the show! Come and boo and hiss the Villain, cheer and applaud the hero. Sing-a-long with tunes of a bygone era. You may laugh, you may cry, but you will have a great time. Tulsa Spotlighters, Inc. is a non-profit charitable endeavor. We present the old fashioned melodrama "The Drunkard" and "The Olio" every Saturday night at 7:30 p.m. Web site: <http://www.spotlighttheater.org>. Contact: For reservations call 587-5030.

Too many things going on at the **PAC** to list ... visit their web site: <http://www.tulsapac.com>

**Tulsa Zoo** web site: [www.tulsazoo.com/](http://www.tulsazoo.com/)

**Dates: every Saturday night**

Many runs going on - please check out [http://www.runnersworldtulsa.com/!](http://www.runnersworldtulsa.com/)

## Recipes!

Cooking with and for family and friends can bring the best enjoyment - to your heart and tummy. The farmers' markets are now open, so grab some organic produce grown by our local farmers!! Enjoy the recipes this month!

## Salad in a Jar!!!





You can vacuum seal these if you want, but they will stay just fine in your fridge for a week. So, set one day aside and prepare your daily salads for the week!

From BOTTOM to TOP:

Dressing  
Shredded carrots  
Cherry tomatoes  
Walnuts  
Blueberries  
Raspberries  
Peas  
Hard boiled eggs  
Baby spinach

#### DIRECTIONS

- 1) Arrange ingredients in a large mason jar
- 2) Store in fridge for up to a week
- 3) When ready to eat: shake jar, place on a plate, and eat!

## Hawaiian Sweet Potato Salad

### Ingredients:

8 ounces bacon, cut into 1/2 inch pieces  
3 cups sweet potatoes, cooked and chopped  
2 cups pineapple chunks  
1/2 cup mayonnaise  
1 Tablespoon Dijon mustard  
2 Tablespoons fresh lime juice  
1/2 teaspoon pepper  
1/2 cup macadamia nuts, chopped

Fry bacon, drain, crumble. Mix bacon with sweet potatoes and pineapple in large bowl. Combine mayo, mustard, lime juice and pepper - mix. Combine. Stir in nuts. Serves 4-6.

Lori's notes: we didn't use fresh lime juice - it was in a bottle. We used pecans since we had some around. Also, we tripled the recipe and made it the night before so components could marinate. Sorry I didn't take a photo!

## Chicken Salad



### Ingredients:

- 3 cups chicken broth or water
- 2 whole boneless chicken breasts with skin (about 1-1/2 pounds), halved
- 1/2 cup light mayonnaise
- 1/3 cup minced shallot
- 2 teaspoons minced fresh tarragon leaves

In a deep 12-inch skillet bring broth or water to a boil and add chicken breasts in one layer. Reduce heat and poach chicken at a bare simmer, turning once, 7 minutes. Remove skillet from heat and cool chicken in cooking liquid 20 minutes. Discard skin and shred chicken fine.

In a bowl stir together chicken, mayonnaise, shallot, tarragon, and salt and pepper to taste.

Lori's note: Try to use FRESH tarragon, and I use more than the recipe

requests. Tastes better after refrigerated for a day! Oh, and I never cook chicken breasts with the skin on - using this poaching method of cooking the chicken breasts IS worth the extra time!

## Cheesy Cauliflower Pancakes

*Courtesy Kathy Lewinsk*



1 head cauliflower  
2 large eggs  
1/2 c cheddar cheese, grated  
1/2 c panko  
1/2 t cayenne pepper (more or less to taste)  
salt  
olive oil

Cut cauliflower into florets & cook in boiling water until tender about 10 minutes. Drain. Mash the cauliflower while still warm. Stir cheese, eggs, panko, cayenne & salt to taste.

Coat the bottom of a griddle or skillet with olive oil over medium-high heat. Form the cauliflower mixture into patties about 3 inches across. Cook until golden brown & set, about 3 minutes per side. Keep each batch warm in the oven while you cook the rest.

**Kali Orexi (Greek for "Good Eating!")**

***Links on Lori's page***

## Lori's Preferred Vendor List

Are you thinking of remodeling or perhaps landscaping? Do you need to know who to call about refinishing hardwoods, purchasing insurance, purchasing specialty items or who to call for general household repairs? Are you looking for an estate planner, painter or a graphic artist? Please visit my list of my "Preferred Vendors" on my web site. Please note that this is a work-in-progress, and not yet an exhaustive list. This list will always be available on my web site: <http://loricain.com/resources/preferred-vendor-list>

[www.LoriCain.com](http://www.LoriCain.com)

Check out the "Community Links" page to my web site which includes links to theaters and events, area chambers of commerce, area entertainment, news sources and schools.

Please visit:

<http://loricain.com/resources/community-links/>

Shopping for homes? [Search here!](#)



## Tulsa Mayoral Election June 11

### Tulsa Mayoral Election: June 11, 2013

The non-partisan primary is slated for June 11. If one candidate receives 50 percent of the vote plus one, that person will be declared the winner and no general election will be needed.

Voters approved a City Charter amendment in 2011 to have nonpartisan races. The item was placed on the ballot through an initiative petition process by the local nonprofit group Save Our Tulsa.

Here's how it works: If more than two candidates file but one candidate gets more than 50 percent of the votes at the primary election, that candidate is elected.

If more than two candidates file and no one gets more than 50 percent in the primary but two together total more than 50 percent, then those two top vote-getters advance to the general election.

If more than two candidates file but no two total more than 50 percent, then the top candidates whose votes total more than 50 percent go to a runoff election. The top two vote-getters in the runoff advance to the general election.

**Mark your calendars to get out to vote on June 11th.**



## Tulsa Drillers - Let's play ball!



**ONEOK Field**

Several different ticket packages for the 2013 season are now available, including a Friday Night Fireworks Plan. Fans interested in packages can contact the Drillers at (918) 744-5901 or at [mail@tulsadrillers.com](mailto:mail@tulsadrillers.com).

6/4: Tulsa Drillers v. NW Arkansas Naturals - 7:05 P.M.  
6/5: Tulsa Drillers v. NW Arkansas Naturals - 12:05 P.M.

6/7: Tulsa Drillers v. NW Arkansas Naturals - 7:05 P.M.  
6/8: Tulsa Drillers v. Springfield Cardinals - 7:05 P.M.  
6/9: Tulsa Drillers v. Springfield Cardinals - 2:05 P.M.  
6/10: Tulsa Drillers v. Springfield Cardinals - 12:05 P.M.  
6/11: Tulsa Drillers v. Springfield Cardinals - 7:05 P.M.

6/20: Tulsa Drillers v. NW Arkansas Naturals - 7:05 P.M.  
6/21: Tulsa Drillers v. NW Arkansas Naturals - 7:05 P.M.  
6/22: Tulsa Drillers v. NW Arkansas Naturals - 7:05 P.M.  
6/23: Tulsa Drillers v. NW Arkansas Naturals - 2:05 P.M.

## Summer's 5th Night!!



Date: Every Thursday night in the summer starting May 23

Time: 7 - 9 p.m.

Location: Utica Square

Web: <http://www.uticasquare.com>

June 6 - Mid-Life Crisis

June 13 - Mary Cogan

June 20 - The Red Dirt Rangers

June 27 - Jambala Jass Band

## Tulsa's 3rd Annual Edible Garden Tour



**Tulsa's 3rd Annual Edible Garden Tour**  
benefiting the Tulsa Community Gardening Association

Come see how some of your fellow Tulsans are growing food in different urban settings all over town! Learn some new techniques, see food growing in action, get to know some awesome folks!

Jenny Thompson started the tour as a way to showcase edible food growing in urban areas. There are five gardens on the tour featuring several different types of gardening techniques so we can try to educate the public about lots of different ways they might try to grow food in town!

**June 8-9, 2013**  
**Saturday 9am - 5pm**  
**Sunday 12pm - 5pm**

Ticket prices are \$5! Children 13 and under are free.

**Our 2013 Gardeners:**

Crossroads Clubhouse  
Vendor: Crossroads Clubhouse  
1888 East 15th Place

Ellaberry Gardens  
Vendor: Ellaberry Gardens  
9641 East 26th Place

The Goetzinger Garden  
Vendor: Duck Creek Farms  
5914 South Sandusky Ave

The O'Donnell Garden  
Vendor: Hollyrocks  
4816 South Madison Avenue

The Sawyer Garden  
Vendor: Clear Creek Seeds (Saturday only)  
Garden Girl Studio (Sunday only)  
3719 South 112th East Avenue

Volunteers are still needed. Contact Jenny at [ellaberrygardens@yahoo.com](mailto:ellaberrygardens@yahoo.com) or 9183461760!

[http://ellaberrygardens.com/Tulasas\\_Edible\\_Garden\\_Tour.html](http://ellaberrygardens.com/Tulasas_Edible_Garden_Tour.html)



## Spay Oklahoma

Spay Oklahoma is a non-profit organization founded in Tulsa in 2004 in response to Oklahoma's serious pet overpopulation problem. More than 60 percent of pets become unwanted and will be abandoned or end up in pounds, shelters, or research labs.



- Affordable low-cost spay and neuter services
- Preventing unwanted births & pet suffering
- Reducing dog & cat overpopulation
- Professional licensed veterinarians
- Happier, healthier, longer lives for your pets

## What we do

Our mission is to eliminate pet overpopulation by providing low cost spay and neuter services to pet owners who cannot afford this important step in care of their dogs and cats.

We are a nonprofit organization founded in 2004, supported by donations, grants, and fees charged for surgeries. Community donations and fees for surgeries help subsidize and offset our full cost of operation.

We operate two clinics, dedicated exclusively to low cost spay and neuter for pets of financially eligible owners.

Our professional staff includes licensed veterinarians, clinic managers, and in-surgery assistants. Volunteers help staff our clinics, which contributes to limiting manpower expenses.

## Cost

Adult Cat \$30 (includes a rabies shot and a pain injection)

Kitten \$20 (5 months old & younger and a pain injection)

Adult Dogs \$40 (includes a rabies shot and a pain injection)

Puppy \$30 (5 months & younger and a pain injection)

## Additional one-time services at time of surgery

Vaccinations for adult and young dogs and cats

Dogs - routine vaccinations, \$5 each

Cats - routine vaccinations, \$5 each

Puppies - routine vaccinations, \$5 each

Kittens - routine vaccinations, \$5 each  
De-worming - routine vaccinations, \$5 each  
Toe nails trimmed at no charge

## **TWO Tulsa area Clinic Locations**

North Tulsa Clinic 36th Street North  
918-728-3144

South Tulsa Clinic Bixby  
918-970-4222

<http://spayok.org/>

# **Top of the Town**

## *T-Town, Downtown!*

**Top of the Town** is a great fundraising event benefiting the Child Care Resource Center. With your ticket, you will get a glimpse of rarely seen views from some of the greatest buildings in downtown Tulsa as well as refreshments from many of the local restaurants.

**Thursday June 13**  
**6:00pm-10pm**



Fabulous Views  
Tasty Restaurants  
Local Musicians  
Champagne  
Chocolate  
Libations  
Great Food  
Pedicabs  
Trolleys  
Commemorative Photos  
Raffle  
Restaurant Pull  
More!

**Buildings included this year (so far):**

320 S. Boston, Mid-Continent, 420 Mayo, Philcade Waite Phillips Penthouse, First Place Tower Sky 41, Hyatt Regency Tulsa, Holiday Inn Tulsa City Center, Courtyard by Marriott, Aloft Hotel, Mayo Hotel, Reunion Building, ONG-ZigZag Building



**Participating Locations (so far):**

Mod's Coffee and Crepes, Elote Cafe & Catering, The Vault, Tulsa Press Club, The New Atlas Grill, The Boulder Grill, The Daily Grill



**Restaurants that are providing tastes in the buildings (so far):**

Ti Amos, Rib Crib, McNellies Group, Ludger's Catering, la Madeleine Country French Cafe, Rusty Crane, Glacier Confections

Top of the Town is evolving, so visit their web site for updates and to order your ticket now!!

Web: [http://www.ccrctulsa.org/?page\\_id=3231](http://www.ccrctulsa.org/?page_id=3231)

## **24th Annual Route 66 Blowout**

### ***Historic Downtown Sapulpa***

The first weekend in June, Sapulpa comes alive with the spirit of Route 66!

Join us for the Route 66 Blowout in downtown Sapulpa. Sapulpa's downtown offers a great variety of activities for the entire family. Our streets are lined with vintage and modern cars for our Route 66 Car Show, food vendors offering a variety of delightful snacks and a Children's Zone filled with entertainment for children. Visit our Salsa Tent for the Salsa Tasting Contest!

There is something for the whole family!

The Route 66 Blowout has a number of activities and events for the entire family. Here are just a



few of the events you can plan on seeing this year:

Route 66 Car Show - Vintage and Modern cars and trucks compete for bragging rights and prizes!

Kid's Zone - Visit the Kid's Zone for inflatables, face painting, fun & games!

Rotary Salsa Tent - Kick it up a notch with the Rotary Salsa Tasting Tent.

Taste a variety of different salsa recipes sure to tickle your taste buds!

Sapulpa Arts "Route 66 Art Show & Sale" - located at Ovations, featuring Sapulpa's talented artists. Be sure to stop by and view the special "6 x 6 Collection."

Sapulpa Historical Society's Waite Phillips Filling Station - Step back in time to 1922, by visiting the newly restored Waite Phillips Filling Station.

Downtown Shopping & Dinning - Sapulpa's downtown merchants offer a unique shopping & dining experience. Stop in and shop while your here!

Crafts, Commercial and Food Vendors - The streets will be lined with vendors to offer you crafts, food, and drinks!

It will be a ton of fun for all ages! See you there!

Web: <http://www.route66blowout.com/>

## Guthrie Green



## Guthrie Green Food Truck Wednesdays

Chow down at Guthrie Green every Wednesday for lunch! Live music, amazing food trucks, and fresh air - what could be better?? Join us every week between 11:30 am and 1:30 pm for a break from the office or a fun outing with the kids!

## **Guthrie Green Sunday Market**

The Sunday Market is open every Sunday from April to October from 10 am to 4 pm.

Guthrie Green Sunday Market promotes strong community and local business in the heart of the Brady Arts District by providing a unique space for Tulsans to congregate, shop, and enjoy downtown's newest urban park. The Sunday Market offers eclectic and interesting food and goods; everything from locally grown produce to gourmet food trucks to handmade soaps.

## **Free Music and Free Movies**

Check out the web site to see what free music and free movies are scheduled!

Web: <http://www.guthriegreen.com/events>

## **Farmer's Markets**

Farmers' markets offer shoppers a wide variety of fresh, locally grown fruits, vegetables, herbs and other farm-fresh foods. Many markets also have eggs, meats, honey, plants, flowers and hand-crafted items. Some have baked goods, dairy products, nuts, and even live music. Farmers' markets provide family farmers and local food enterprises a reliable place to sell the fruits of their labor directly to the public, keeping those dollars in our local economy. Visit a Green Country farmers' market near your work or home, and get to know your local farmers.

### **EATING WITH THE SEASONS**

Every crop has a season in which it grows and becomes ready for harvest. Some prefer cool temperatures and others need lots of heat. Fruits and vegetables are most flavorful and nutritious when picked at or near their peak ripeness. When shopping at an Oklahoma Grown farmers' market, expect to find an ever changing selection of fruits and vegetables over the course of the season. Experience the thrill of finding and preparing your old-time favorites and trying something new, each week throughout the year.



TULSA - Monday  
Seed Sower Farmers' Market  
9:00 am - 1 pm, May thru August  
OU-Tulsa Schusterman Center, 41st and Yale, Tulsa  
4502 E 41st Street  
Cortney Dennis - 918-660-3105

TULSA - Tuesday  
Downtown Farmers' Market  
10:30 am - 2 pm, May thru October  
3rd St and Boston, Tulsa  
Lisa Greene - 918-510-1642  
and Julie Friedel - 918-619-2190

TULSA - Wednesday morning  
Brookside Farmers' Market  
8 am - 12 pm, March thru October  
Wednesdays 8am to 12pm

Food Pyramid parking lot, 39th and Peoria, Tulsa  
Lisa Brandborg - 918-789-3881

TULSA - Wednesday afternoon  
North Tulsa Farmers' market  
2 - 5 pm, June thru August  
TCC NE campus, Tulsa  
Demalda Newsome - 918-955-8559

TULSA - Thursday  
Pearl Farmers market  
4 - 7:00 pm, April thru August  
Centennial Park, SW corner of 6th St and Peoria, Tulsa  
<http://pearlfarmersmarket.org/>

TULSA - Saturday  
Cherry street Farmers' market  
Lisa Brandborg - 918-789-3881  
7 - 11 am, Saturday, April 6 thru October  
15th St, just east of Peoria, Tulsa  
Web: <http://www.CherryStreetFarmersMarket.com>

TULSA - Saturday  
Newsome Community Farm  
8:30 am - 12:30 pm, Saturday, June thru October  
2620 E 56th St N, Tulsa  
Demalda Newsome - 918-955-8559,

BIXBY  
Conrad Farms  
Open 7 days a week, 8 am - 6:30 pm  
7400 E 151st  
Eugene Conrad - 918-366-8942

BIXBY  
don CarmiChaels ProduCe  
Open 7 days a week, 8 am - 6 pm  
14800 S. memorial  
Don and Joyce Carmichael

BROKEN ARROW  
Broken Arrow Farmers Market  
mid April-mid October  
Saturdays- 8a-noon  
418 S Main St  
David Blue 918-259-2400



## OWASSO

Owasso Farmers' Market

8 am - 12 pm, Wednesday, May thru October

Nancy Blakley - 918-521-7191

8 am - 12 pm, Saturday, May thru October

Lee Ann Boyer - 918-521-7191

YMCA parking lot, on the service road just west of  
hwy 169, 8300 North Owasso Expressway

## BRISTOW

Bristow Farmers market

8 am - 12 pm, Saturday, May thru October

Tractor Supply parking lot, corner of Sh 16 and Sh 66

Bob Wyatt - 918-695-7194

For a full listing of Farmers' Markets in Green Country, please visit

<http://www.kerrcenter.com/publications/2011-BFBL-FMGuide-GreenCountry.pdf>

## *Lori's Real Estate Corner*

### Home Staging Tip: Dated Oak Cabinets? Update them with Paint!



#### *Bits & Bytes from the Bloggin' Realtor*

**This month's real estate corner is a re-blog from an Oregon home stager who shows a fabulous job of a kitchen makeover for less than \$1,000.** Looking at the before and after pictures can give you a good idea of how sprucing up your home BEFORE you put it on the market will help you sell your home in a short amount of time!

*Via Maureen Bray ~ Home Stager Portland OR ~ Room Solutions Staging ~ Portland Oregon (Staging that Sells Portland Homes):*

#### **Home Staging Tip: Dated Oak Cabinets? Update them with Paint!**

As a professional home stager based in Portland, Oregon I often see dated oak cabinets in kitchens and bathrooms. This was the height of style back in the '70's & '80's but today's buyers want a more modern, fresh look. Here's an easy fix that you can do yourself (or hire someone to do it for you).

My homeowner clients in Beaverton OR were planning to put their home on the market and asked me to provide a home staging consultation. Because the target

buyer for this home was younger, one of my recommendations was that they update their kitchen cabinets -- but I told them that they didn't need to spend a lot of money replacing them, or even refacing them. Paint and new hardware can do wonders!

We recommended an excellent Portland general contractor and this kitchen was updated for under \$1,000:

**Here's how the kitchen looked before ...**



**And here's how it looked after painting ...**



**Before -- potential buyers would have walked in and thought, "Since we'll have to replace those dated oak cabinets, we'll have to make a lower offer for this house." Once the cabinets were primed, painted, and had new hardware added, this house was viewed as move-in ready. It was listed and had a pending sale in just 12 days!**

The products used for this project were:

- Primer: Zinsser Bulls Eye 1-2-3 Water Base for Interior or Exterior
- Paint: Behr Ultra Semi-gloss Espresso Beans (paint and primer in one)
- Hardware: IKEA Vinna handles

Before you list your home for sale, contact a professional home stager for a cost-effective consultation. You can see the difference it makes!!

For more information about home buying and selling in the greater Tulsa area, please [visit my Tulsa real estate blog!](#)

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me:

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