Lori Cain

From: Sent: To: Subject: Lori Cain [razncain@cox.net] Tuesday, February 01, 2011 7:25 PM razncain@cox.net Community News February 2011







Ready. Willing. Able. Cain. Bits & Bytes from the Bloggin' REALTOR! In This Issue

Green Patch

I ♥ Tulsa Events

<u>Recipes</u>

Posterous - blog by e-mail

Cafe Samana on Brookside

<u>Neighborhood</u> Association Web Sites

ODOT Release - public rail

Save the Date Lori's Real Estate Corner

Community News from Lori Cain Real Estate

Dear Lori,

Holy cow - the **snow blizzard of our lifetime** - snow is still coming down as I type. Hoping our many homeless are finding warm places to stay and that we don't lose power! Since I work from home, it was not really a day off for me, but Deme was home today and made snow ice cream. Note to keep condensed milk in the pantry!

You are welcome and encouraged to forward this newsletter to your friends; however there is an easy sign-up on my web

Save the date:

Empty Bowls, Tuesday March 29

2011 Greater Tulsa Home & Garden Show Mar 10-13

Greening Your Event Workshop site, <u>www.LoriCain.com.</u> Also, feel free to e-mail me events you would like included in future issues or any community news you would like to contribute is always welcome.

Reminder that there is a school board election Tuesday February 8th. And, Groundhog Day is February 2nd (tomorrow). Daylight saving is March 13th and THAT'S on my calendar!

Lots of artsy events (plays, symphony, ballet) to enjoy in February, plus Gridiron. *Life is good*.

Much charitable work to be done in and around Tulsa. Donate your gently used winter coats and drop a few items by the Day Center for the Homeless. Donations are needed by so many organizations - please take your children or grandchildren along, so they'll learn the importance of charity.

We're healthy and happy right now and hope you are too.

For those of you who FaceBook, check out the "**I HEART Tulsa**" page where you can keep updated on what's going on in Tulsa: http://tinyurl.com/38xznff.

For those of you who tweet, please follow me on Twitter: @LoriCainRE - I have lots of fun things to tweet!



Also please visit and subscribe to my blog: <u>http://LoriCain.com</u>. I promise it's not all about real estate lots of info on our neighborhoods, parks, events, local businesses and community!

I hope this newsletter finds you in good health & good spirits!

Please keep scrolling ... the best is at the bottom!

March 3 See Green Patch in this issue

St. Jerome's Fabulous Annual Mardi Gras March 4th contact Donna at 918-931-2336 or

"Philanthropy is commendable, but it must not cause the philanthropist to overlook the circumstances of economic injustice which make philanthropy necessary."

> Martin Luther King, Jr.

Green Patch

Curbside Recycling Service:

If you want the convenience of curbside recycling, you can get twice-a-month pickup service for an additional \$2 charge on your monthly utility bill. Your recyclable newspaper, junk mail, magazines, office paper, plastic, glass and aluminum will be collected by the City's contract hauler, Tulsa Refuse Incorporated (TRI). To sign up,



call 596-9777 or sign-up online. The M.e.t. operates 11 recycling centers and three affiliate centers. They also conduct environmental events throughout the year to encourage, educate and facilitate recycling. For information about the City of Tulsa curbside program, call 596-2100. <u>Read more</u>.

Check out the **Tulsa Master Recyclers** web site: http://tulsamasterrecyclers.blogspot.com/

The Tulsa Master Recyclers Association was established to promote a healthy and sustainable environment by educating and motivating people to reduce waste throughout the Tulsa community and the State of Oklahoma. Lot of good info here!

Did you know you can now **recycle all your old phonebooks** at ALL the MET centers, all-year-round? Thanks to AT&T for sponsoring phonebook collections for the past 20 years!

Greening Your Event Workshop

March 3, 2011; 9am-1pm

This half-day workshop is open to event planners and representatives from local businesses, non-profits and other organizations who are interested in how make their event more environmentally friendly. The workshop will include tips on how to implement a recycling plan, select promotional materials, catering and food options; plus how to get your event "green" certified. Cost is \$25 per person. Lunch will be provided. For more information email tulsamra@yahoo.com

Found a cool new web site with fun information about REduce, REuse and REcycle: www.bringrecycling.org

Follow the MET on FaceBook: http://www.facebook.com/tulsamet

Become a certified Tulsa Master Recycler

10 week class begins February 1, 2011; 6pm to 8pm O.S.U. Tulsa

700 North Greenwood Cost \$20.00 Contact Tulsa Master Recyclers Association at 918-592-1466 or e-mail tulsamra@yahoo.com for registration information

Biscuit Acres Dog Park - Temporarily Closed

To give the new sod more time to grow, the Biscuit Acres Dog Park at Hunter Park will remain temporarily closed until May, 2011. Dog owners are encouraged to visit the Joe Station Dog Park at 2279 Charles Page Blvd.

News from Tulsa's UP WITH TREES:

Wondering what to do with your old garden hose? Bring it to us, we'll "tree-purpose" it! We use hose when we stake & wire our newly planted trees. Staking & wiring our young trees is a great preventative measure to help build strong root systems and to protect them from harm.

http://www.upwithtrees.org

Fall is in the air, and trees from the Apache Foundation are on their way! Up With Trees has been selected to receive 5,000 trees for non-profit and faith-based groups to plant on their properties. The opportunity will be extended to interested individuals as well. Trees available for pickup Nov. 3rd and onward throughout the fall season.

"Never doubt that a small group of thoughtful committed citizens can change the world. Indeed, it's the only thing that ever has."

Margaret Mead

A member of the "Elite"

Chinowth & Cohen Realtors

When you run into friends or family, neighbors or co-workers who are ready to buy or sell a house, please give them my name and number. As a result of referrals from good friends and past clients, I am able to devote quality time serving my clients before, during and after each transaction.

Together, we make a great team. I couldn't do it without you!

918-852-5036 e-mail: lcain@tulsarealtors.com

Visit my real estate blog: www.LoriCain.com!

Ready.Willing. Able. Cain.

Transition to a CARless lifestyle -Venus' excellent adventure!

My friend Venus' car died -- the needed repairs are not affordable or feasible, so she's decided to go 'carless.' CARless? What does that mean?

Venus found a blog about a Tulsa couple, Nathan and Kristen Pickard, who decided to go 'carless' for thirty days in January 2010. <u>Nate and Kristen's blog</u> takes you through their adventures, obstacles and discoveries. They rode their bicycles to work, to the grocery, to events -- helping the environment, getting exercise and seeing Tulsa from an entirely new prospective.



Tulsa home buyers moving in from other states are asking Realtors more and more about walkability - how walkable a neighborhood is. So, I went to the walkability web site and entered Venus' address to see how close her home is to places she would need to go. It will tell you what groceries, coffee shops, restaurants, parks, schools, banks, hospitals and churches are nearby. Her address earned a walkability score of 75, which is very walkable; the average in Tulsa is 53. We are pretty fortunate in the Tulsa downtown/midtown area that we have many small, locally-owned businesses that are accessible. Venus literally has THREE post offices within two miles of her home.

Venus spent hours reading over Nate and Kristen's blog and made some discoveries of her own. She discovered a local business called **"You Buy, We Fly,"** Green Country's only personal delivery service. Venus decided that although she thought she could make it on bicycle to the majority of places she needs to go, she would need a contingency plan should the weather be too harsh or if she were ill -and here you have it. This business will run almost any errand for you for a nominal charge - seriously, they're cheap, but I'll let you check out their prices on their web site: http://www.youbuywefly918.com/. Venus may want to use them, for example, to take her pups to the groomers and return them home. *How cool is that?*

Nate blogged about a bicycle repairman who will come to your home -

Tulsa's only mobile bike mechanic: On The Go, Human-Powered Mobile Bicycle Repair, 206-403,5134; onthegobikerepair@gmail.com. If your bicycle is your ONLY form of transportation, HOW would you get it to the repair shop? Answer solved, crisis diverted.

Now, Venus is pretty excited about this transition from automobile dependency to bicycling and walking. What started as "Oh crap, I can't afford to fix my car" has turned into an exciting adventure into a more healthy and environmentally-friendly alternative.

It's a good reminder that necessity IS the mother of invention AND it's a good reminder that with the right attitude, you can turn lemons into lemonade. I'm pretty excited about Venus' transition and will be posting updates for those of you who choose to follow - *on foot or on bike*.

A side benefit for me, in addition to cycling with Venus when I am able, is to learn more about walkability and cycling as an alternative to driving, for Tulsa home buyers who choose to live a more 'carless' lifestyle. Come with us, and enjoy the ride!

February 2011 Events

... Gridiron!!!



Roasting Newsmakers since 1933

Tulsa Ballet's The Taming of the Shrew Date: February 4-6 Times: Feb 4-5 at 8pm; Feb 6 at 3pm Location: Chapman Music Hall

Monster Jam

Date: February 4 - 5, 2011 Location: BOK Center - 200 S. Denver Web: www.bokcenter.com Monster Jam is an incredible family-friendly experience starring the biggest performers on four wheels: Monster Jam monster trucks!

Souper Bowl of Caring Date: February 6 Web: www.cfbeo.org

American Streamlined Design Date: February 6 - May 1, 2011 Location: Philbrook Museum of Art - 2727 S. Rockford Rd.

Web: http://www.philbrook.org

Center Impressions: Fantasy Pizza Night

Date: February 8, 2011 Time: 6:00p - 9:00p Location: THE CENTER for Individuals with Physical Challenges Web: www.tulsacenter.org

Recipe to End Hunger

Date: February 10 Time: 6pm Location: Culinary Center, 1304 N Kenosha Ave Monthly cooking class to benefit Community Food Bank of Northeastern Oklahoma. Reservations required. Call Frances 918-585-2800. Web: www.cfbeo.org

Tulsa Indian Art Festival

Date: February 11 - 13, 2011 Location: Expo Square - Central Park Hall Web: http://www.exposquare.com Admission and Tickets: \$10 for week-end pass Website: www.tulsaindianartfestival.com

Tulsa Womens Living Expo

Date: February 11 - 13, 2011 Location: Expo Square - QuikTrip Center Web: http://www.exposquare.com Admission: \$3.00; \$2.00 w/ Discount Coupon; 8 and under Free Website: www.womenslivingexpo.com

The Tulsa Man Event

Date: February 11 - 13, 2011 Time: 11:00 a.m. - 9:00 p.m. Location: Expo Square Exchange Center Web: www.tulsamanevent.com The Tulsa Man Event is the meeting place of all that men like to do for fun - sports, games, leisure activities, food, drink, and lifestyle. At the Man Event you will find golf clubs and courses, wine, cars, beers, motorcycles, sunglasses, skiing equipment, travel destinations, and much, much more. Check out our complete list of exhibitors at www.tulsamanevent.com

Valentine's Day Cabaret

Date: February 13 Time: 6pm Location: Harwelden Mansion, 2210 S Main St Dinner, wine & entertainment by Light Opera Oklahoma. Proceeds benefit Light Opera Oklahoma musical theater productions. Call Rachel 918-583-4267. Web: www.lightoperaok.org

Trio Cavatina Date: February 13 Time: 3pm Location: John H. Williams Theatre

Hinder with Saving Abel, My Darkest Days and Kobek Date: February 17, 2011 Time: 6 p.m. Location: Osage Event Center Web: www.milliondollarelm.com

Anne of Green Gables

Date: February 18 - 19, 2011 Time: 7:00 pm Location: Tulsa PAC- John H. Williams Theatre Web: http://www.tulsapactrust.org/?p=anne

National Rod and Custom Car Show

Date: February 18 - 20, 2011 Location: Expo Square - QuikTrip Center Web: http://www.exposquare.com Top cars of the nation competing to be among the "Fine Nine" with the one and only \$20,000.00 "Go for the Gold" Cash award.

Tulsa Opera's Don Giovanni

Date: Feburary 19, 25, 27 Location: Chapman Music Hall Time: Feb 19 and 25 at 7:30pm; Feb 27 at 2:30pm

Gardening Info Fair

Date: February 19, 2011 Time: 9:00 am to 3:00 pm Location: Tulsa Garden Center Admission: Free to public Web: www.tulsagardencenter.com Gardeners, get ready for spring! Free information!! Join Tulsa Garden Center for their annualGardening Info Fair where you will have the opportunity to find all the answers to your gardening and environmental guestions on Saturday, February 19th from 9am-3pm.

Winter Jam 2011

Date: February 19, 2011 Time: 6:00 p.m. Location: BOK Center - 200 S. Denver Web: www.bokcenter.com Hosted by GRAMMY-nominated NewSong, the Winter Jam 2011 Tour Spectacular will also feature Newsboys; David Crowder Band; Kutless; Francesca Battistelli; RED; KJ-52. and guest speaker Tony Nolan. In addition, the show includes a Pre-Jam Party

presented by the American Bible Society with Sidewalk Prophets, Chris August and Chris Sligh. For more information visit www.jamtour.com.

Buille

Date: February 19, 2011 Time: 7:30 pm Location: Tulsa PAC- John H. Williams Theatre Web: http://www.tulsapactrust.org/?p=buille In one of the most potent new sounds to emerge from Ireland in many years, concertina virtuoso Niall Vallely enlists his brother Caoimhn on piano and guitar powerhouse Paul Meehan to forge a new sound and to take Irish music onward to new frontiers. In the words of The Irish Times, As fresh a breath that's blown through

traditional and roots circles in a long, long time.

NSU Galaxy of Stars presents The New Gene Krupa Orchestra featuring A Salute to OI' Blue Eyes Date: February 22, 2011 Time: 7:30 p.m. to 9:30 p.m.

Location: Tahlequah High School Performing Arts Center Web: www.nsuok.edu/si

After meeting his idol, Gene Krupa, as a child, Michael Berkowitz was instantly hooked on becoming a musician. After a career that included 11 years with Nelson Riddle, Liza Minnelli, Billy Joel, Elton John, Bette Midler, Michael Feinstein and countless others, drummer conductor extraordinaire Berkowitz brings the Krupa magic to life for new generations to experience. Enjoy the sounds of big band in this tribute to Ol' Blue Eyes himself with the New Gene Krupa Orchestra. Address: 590 Pendleton St., Tahlequah, OK 74464 Days/Hours: Tuesday 2/22/10 from 7:30 to 9:30 p.m. Admission: Between \$6 and \$20

CIRQUE DU SOLEIL - ALEGRIA

Date: February 23 - 27, 2011 Location: BOK Center - 200 S. Denver Web: www.bokcenter.com Alegria is a Cirque du Soleil classic and an internationally acclaimed production that has entertained more than 10 million people worldwide since its world premiere in Montreal in 1994. Alegria is a Spanish word that means happiness, joy and jubilation and features an international cast of 55 performers and musicians from 15 countries and showcases breathtaking acrobatics.

Tulsa Press Club Newsie Awards

Date: February 24 Time: 6:30-8:30pm Location: Tulsa Press Club, Atlas Life Building, 415 S Boston Honoring popularly chosen broadcasters and print journalists, media icon. Call Stan 918-599-2574 Web: www.tulsapressclub.org

Encore! Young Chamber Artists Concert

Date: February 24, 2011 Time: 7:00 p.m. Location: Helmerich Theatre, Cascia Hall Performing Arts Center Web: www.tulsacamerata.org Tulsa Camerata will present works by three very different yet deeply intertwined composers from Vienna. The winning ensemble of our first annual "Encore! Young Chamber Artists" competition will be a featured performer. Works by Schoenberg, Johann Strauss, Jr., and Brahms. Tickets available online at www.tulsacamerata.org, or by calling (918) 406-5440.

78th Annual Tulsa Gridiron

Date: February 25-26 Time: 8pm Location: Liddy Doenges Theatre, Tulsa PAC, 110 E 2nd Street Web: www.tulsagridiron.org

Wide Open Bike Show Date: February 26 - 27, 2011 Location: Expo Square - QuikTrip Center Web: http://www.exposquare.com

SOUPer Sunday

Date: February 27, 2011 Time: 3:30pm-6:00pm Location: SpiritBank Event Center, 105th & Memorial Web: www.tsha.cc TSHA (Total Source for Hearing-loss and Access) invites you to SOUPer Sunday on 2/27 from 3:30-6pm at the SpiritBank Event Center (105th & Memorial) for all-youcan-eat soups, breads & desserts, plus a silent auction with prizes in all price ranges. Advance tickets are \$20; \$25 at the door. Children under 12 are \$10; 5 & under are FREE. For more information, call 832-8742 or visit www.tsha.cc.

Just Between Friends Date: February 27 - March 5, 2011 Location: Expo Square - Exchange Center Web: http://www.jbfsale.com

Tulsa Boat, Sport & Travel Show Date: January 31 - February 6, 2011 Location: Expo Square - QuikTrip Center Web: http://www.tulsaboatshow.com

Tulsa Oilers Location: BOK Center Web: www.TulsaOilers.com

The Drunkard (and The Oleo) The longest running play in America! Dates: every Saturday night

Location: Spotlight Theater, 1381 Riverside Drive Time: 7:15 pm

Curtain time: 7:30pm. Sing-a-long time starts at 7:15pm. Come see the show and be part of the fun of an evening of "Tulsa's best family entertainment!" Come and be a part of the show! Come and boo and hiss the Villain, cheer and applaud the hero. Sing-a-long with tunes of a bygone era. You may laugh, you may cry, but you will have a great time. Tulsa Spotlighters, Inc. is a non-profit charitable endeavor. We present the old fashioned melodrama "The Drunkard" and "The Olio" every Saturday night at 7:30 p.m. Web site: http://www.spotlighttheater.org. Contact: For reservations call 587-5030.

Too many things going on at the **PAC** to list ... visit their web site: <u>http://www.tulsapac.com</u>

Tuisa Zoo web site: www.tulsazoo.com/

Many runs going on - please check out http://www.runnersworldtulsa.com/!

Recipes

Lori's Winter Stew

Ingredients

- 1 pound lean ground beef
- chopped onions, carrots, celery, cabbage

- 2 cans diced tomatoes
- 2 cups stock

Directions

Cook and drain ground beef. Saute vegetables. Combine in stock pot with remaining ingredients and cook on low. Throw in any leftover from fridge such as leftover zucchini, potatoes, even hearts of palm! Serve with cornbread, french bread or a grilled cheese sandwich!

Cheese-Crusted Squash

Recipe courtesy Food Network Magazine



Directions

Mix 2 minced garlic cloves, 8 minced sage leaves, the zest of 1 lemon, 1/2 cup grated Parmesan, 3 tablespoons

each breadcrumbs and olive oil, and some salt and red pepper flakes. Pat onto thin wedges of acorn squash. Bake in a single layer at 450 degrees F, 15 to 20 minutes.

Kali Orexi (Greek for "Good Eating!")

Links on Lori's page

Lori's Preferred Vendor List

Are you thinking of remodeling or perhaps landscaping? Do you need to know who to call about refinishing hardwoods, purchasing insurance, purchasing specialty items or who to call for general household repairs? Are you looking for an estate planner, painter or a graphic artist? Please visit my list of my "Preferred Vendors" on my web site. Please note that this is a work-in-progress, and not yet an exhaustive list. This list will always be available on my web site:

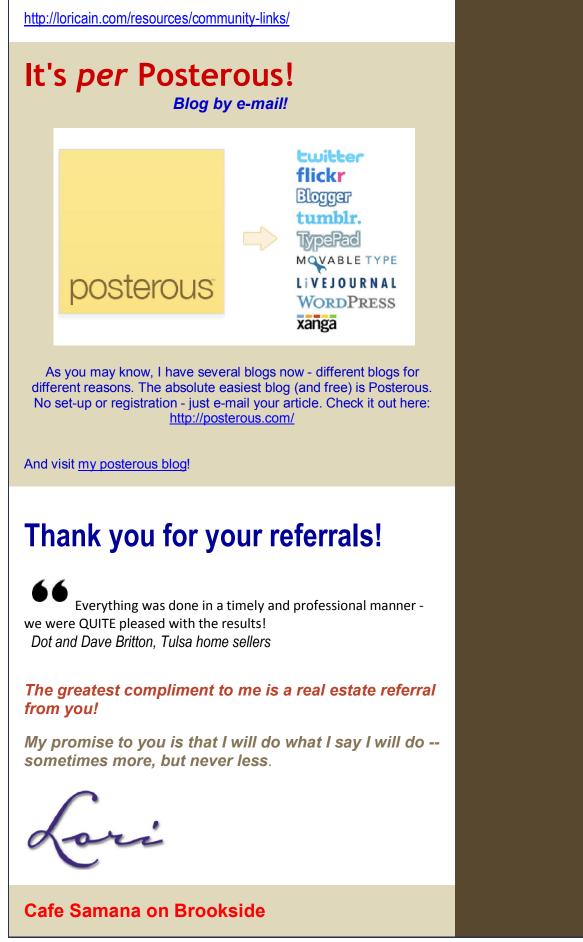
http://loricain.com/resources/preferred-vendor-list

www.LoriCain.com

Check out the "Community Links" page to my web site which includes links to theaters and events, area chambers of commerce, area entertainment, news sources and schools.



Please visit:



Cafe Samana - Brookside's awesome healthy dining choice and Conscious Cafe

I met girlfriends on <u>Brookside</u> for lunch at Cafe Samana, located at 3807 South Peoria Avenue where the Blue Moon Bakery use to be. My girlfriend Kalyn is vegan vegetarian, so finding a spot we can both enjoy is sometimes a challenge. Not at Cafe Samana - we enjoyed EVERYTHING we had.



Boasting home cooking from organic and locally-grown ingredients, Cafe Samana also offers gluten-free menu items. Entrees are under \$10, but there's no cap on taste!

Kalyn, Lindsay and I shared hummus and vegetables before lunch. Kalyn had the vegan bratwurst with Samana slaw (yum and made with bean sprouts); Lindsay had the roasted veggie sandwich; I had the chicken salad wrap with potato patties. We all shared a moist brownie for dessert.

Cafe Samana - Brookside's awesome healthy dining choice and Conscious Cafe

I was intrigued by their mission statement printed on their menu,

"We are dedicated to being a conscious cafe. What does that mean? Well, I'm happy you asked. We recycle & compost, which reduces our waste. We use post-consumer recycled to-go containers, which are also compostable. Nearly all of our plates, bowls, glasses, vases, napkins, tablecloths, chairs and tables were bought second-hand to reduce our consumption of resources. We buy locally-farmed produce & meats when possible. We NEVER have high fructose corn syrup, NSG, Styrofoam, growth hormones or antibiotics in our restaurant. Also, we do not have a microwave. All of our cheeses & meats are rBGH & antibiotic free."

Then, on their menu, they list their ingredients that are always organic - and it's a long list.

Cafe Samana is open for lunch Monday through Saturday 11am to 3pm, and for date night Friday, they remain open until 9pm.



I am going back next to try their asparagus that is wrapped in marinated chard with a lemon cashew sauce and stuffed mushrooms baby bellas filled with spinach & tomato cream, Parmesan and pecans. And after reading several online reviews, I'm going to try their soup of the day and another dessert.

<u>Dining on Brookside</u> will never disappoint you, and this locally-owned cafe has a lot going on that I want to support!

Neighborhood Association Web Sites

Would you like to announce your neighborhood association web site?

I learned recently that White City has added one: <u>www.whitecitytulsa.org</u>.

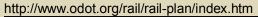
Florence Park's site is <u>www.fpnatulsa.org</u>

Riverview is <u>http://www.riverviewtulsa.com/</u>

Please send yours in and let's start a master list!

ODOT Release







The Oklahoma Department of Transportation is developing a new comprehensive Freight and Passenger Rail Plan to guide the state's planning efforts for freight and passenger rail into one single coordinated effort. Issues of economy, mobility, safety, environmental sustainability and current and future needs of Oklahoma rail will be evaluated.

How can you participate?

Attend one of the open houses. Learn more about our state's rail system, ask questions of ODOT's Rail Division staff and provide input.

Wednesday, February 16

Time: 4:30-7pm Buddy LaFortune Community Center 5202 S Hudson Avenue, Tulsa

Lori's Real Estate Corner

Cool homes for sale: call for a showing!



1611 South Evanston Avenue, Tulsa \$190,000

Three large bedrooms, two full baths, 2-car detached garage. Fresh paint, refinished hardwoods, new ceramic tile in breakfast nook, kitchen and inside laundry. Gameroom or office up, and over 2,000 square feet total. Formal living with fireplace, formal dining,



over-sized covered porch, partial basement. See more!

1520 South Evanston Avenue, Tulsa \$170,900

Charming, move-in ready home in Florence Park! Original hardwoods completely refinished in last 5 vears. New AC in 2009. Fully landscaped with perennials and shrubs front and back. Deck out back is great for entertaining! Remodeled kitchen, stainless steel appliances, granite counter-tops, 3



bedrooms, 2car detached garage! Definitely move-in ready! See more!



Tulsa \$95,000

Single-owner home - well maintained. Fresh paint, new fixtures, new energy-efficient vinyl windows, garage door, refinished hardwoods. Quarter-acre, fenced corner lot in established neighborhood. Three bedroom, garage, appliances remain - one-year home warranty offered by Seller. Charming home, absolutely move-in ready! See more!



14213 South Urbana Avenue, **Bixby, Falcon Ridge Estates** \$178,900

Split bedroom separate office crown molding, plan. Stunning entertainment in ready! See more!



Custom built w/every amenity. plan, glamour master bath, & utility. Surround sound, canned lighting, open floor backyard landscaping, area. Spacious, elegant, move-

8819 South Hudson Avenue, Tulsa, Southern Pointe \$295,000

506 South Norwood Avenue,

ONLY home for sale that backs up to greenbelt, large yard w/privacy, trees, view. Fresh paint throughout, new flooring & fixtures. Master bedroom/bath + bedroom/study with private entrance down. Dual staircase, 3 bedrooms + gameroom up, three living areas, large rooms, storage. Open kitchen and cozy breakfast nook. Appliances stay! <u>See more</u>!

9706 South 101st East Avenue, Tulsa, \$295,000

Remodeled kitchen w/granite, tile backsplash, island, more. Remodeled baths w/granite, travertine. New paint, updated fixtures, HVAC '07, QUALITY decor/detail throughout. Formal dining, separate office, large inside utility. Culde-sac, inground gunite pool, enclosed sunroom, large deck, dual staircases. Move in ready! <u>See more</u>!





2823 East 49th Street, Tulsa, \$150,000

Charming and historic home nestled on 1 acre m/l wooded lot. Patrick Henry/Edison schools and west of Harvard. 2nd level master bed/bath suite addition framed out-NOT completed. Home priced to reflect condition.

See more photos at LoriCain.com.

For more information about home buying and selling, please <u>visit my real estate</u> <u>blog</u>!



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This email was sent to razncain@cox.net by <u>razncain@cox.net</u> | <u>Update Profile/Email Address</u> | Instant removal with <u>SafeUnsubscribe</u>[™] | <u>Privacy Policy</u>. Lori Cain, Realtor | 1929 S Cheyenne | Tulsa | OK | 74119